

Otto Eijkman

Activate Your Success Mechanisms

15 Proven Skills



'Make Success Happen'

Edusyn Pty Ltd
Edusyn Dynamite Series

Activate Your Success Mechanism

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Self-Realization.

Success--Quotations, Maxims, etc.

Activate Your Success Mechanisms

15 Proven Skills

*This book is dedicated to all who, despite
many obstacles and challenges, dare to
discover their true potential and become
the best they can be
to
achieve their dreams.*



Strive for Success or Lose it.

From the author **Face the Challenge.**

This manual is tailored to activate your personal success mechanisms quickly.

Success is not a mythical or chance happening but the product of a calculated plan to be a winner.

There are very few **instant** winners. It is rare that success is inherited.

One fact that's been proven time and time again is that if you really **want** to, you have the ability to be successful and fulfilled in life.

Develop the **right tools** to overcome challenges and experience success. Work smart not hard.

Achieving success is not difficult when you know how. This manual is designed to empower you with **15 proven success skills** to initiate and experience successful achievement of your goals.

The fruits of success are hanging ripe and waiting for **you** to pick and enjoy. It's your **choice** to enter the orchard or pass it by.

This manual will give you instant success, but, **YOU** must provide the NUTRIENTS - **commitment, effort, passion** and **perseverance**.

You have to make the choice to **shift your success mechanism into gear**.

The practical design of this manual will quickly help you to activate a successful journey of self-discovery and fulfillment by getting you to focus straight on developing the right skills to make it happen. Identify the '**Success Tools**' you need (use the diagnostic exercise at the beginning to guide you) and follow-up every day (use the exercises at the end of each chapter or similar as these will become your REAL steps towards progress).

Commence Your Journey Towards a Fulfilling Life, TODAY.



ACHIEVE YOUR DREAMS - *Feel happier and more fulfilled*

To Score a goal you need the skills to play in the game

Everyone has the capacity to be successful and happy in life. Successful people use the right tool all the time, and it shows. For quality workmanship - you have to use the

RIGHT TOOL FOR THE JOB.

- *I'm not making any progress. I want to have a more fulfilling lifestyle.*
- *I'm not sure what I want.*
- *I feel unhappy, especially when I have so many happy people around me.*
- *I'm too negative. I can't help thinking the worst.*

By developing and practicing your success mechanisms your quality of life will flourish. Break free from disappointment.

Creating success is a journey – not an academic exercise. It's a lifestyle.

The sooner you start the happier you'll be. Your commitment and a determination will provide guaranteed positive results.

You **can** achieve your dreams of happiness, fulfilment and wealth. But only YOU can make this happen. ***Enjoy the journey.***

This manual will show you how to activate your success mechanisms to:

- Fulfill your dreams - Achieve your goals.
- Create new and better opportunities in life.
- Put you in touch with your true and unique capabilities for a happier lifestyle.
- Increase your confidence to feel satisfied within yourself.
- Taste the sweet elixir of success.



Take the first step. Every successful journey has its beginning.

Maximise Your Success Rate



Maximise the chances of achieving your life goals. Many books end up collecting dust on the shelves, looking good but achieving nothing. This manual will be the best investment you've ever made.

Strategies that work include:

- **Make a plan** and commit yourself to it. Identify the skill you need to develop, reflect on the inspirational sayings and do the exercises relating to each success skill. Make success happen.
- **Keep your Focus.** Successful achievement is not determined by 'luck'. Many people do daily exercises to keep their bodies fit. Have a daily routine of exercises to keep yourself focussed on achieving your **goal**. For example - regularly use the 'Brainstorming' strategy. Brainstorming is a powerful means of getting ideas. Have a break after the first try. The second attempt will put you into a 'lateral' thinking mode capable of new ideas.
- **Constantly remind yourself of your unique, success giving, capabilities.** You can if you believe you can. Read inspirational books e.g. Chicken Soup for the Soul Series (Jack Canfield) - about overcoming obstacles. Watch inspirational movies e.g. Mr Holland's Opus - How others can inspire you to be your best.
- **Watch your language.** Don't ever use terms such as '*if*', '*might*', '*maybe*', '*one day*' and '*impossible*'. These terminologies invite stalling tactics and are an easy excuse to 'cop-out'/ give up. Use strong, confident and optimistic language including '*will happen*', '*is possible*' and '*why not*'. Achieving your goal is possible because you've decided that it will happen. Be in charge of your destiny.
- **Successful people are prepared to put effort into their achievements.** Making success happen is not a 'hit-'n- miss' affair. Increase your chances. People 'plan' to win. Becoming successful in your achievements needs a calculating, disciplined mind of which we are all capable, even the very young. Have you ever noticed the complex strategies thought up by a toddler to get his/her way?

Strengthen Your Success Skills and be a Winner

MAKE SUCCESS HAPPEN

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Develop Your Capacity for Success.

Tomorrow's success depends on the decisions you make today.

Your body needs daily nourishment and a constant oxygen supply to provide it with the energy to survive. Unless you nourish your success drive on a **daily basis** you'll be distracted away from achieving your goal. The rhythm of your breathing sustains your existence. The daily routine of focussing and acting on achievement of your goal sustains the drive to achieve it.

A sign of a strong character, yet humbling to experience, is one's acknowledgement that one can improve. Face it, we're wanting more in our lives and this means we haven't achieved it yet. The right tools will get the job done quicker and better.

Celebrate your strengths but develop and strengthen your weaknesses because these are the keystones to your success. The missing pieces.

So, what are you waiting for? Start your success journey **today**.

15 Success Tools



- For excellent results you must use quality tools. The 15 proven '**Success Tools**' in this booklet will have a great impact on the quality of your life. Master them well.
- Learn about each success tool and how to use it successfully to achieve your goals. Throughout this manual a number in brackets refers to an appropriate 'Success Tool' for you to develop.
- We'll show you how to **identify** which 'Success Tool' you need to develop for you to fulfill your dreams. ***It's about time.***
- You'll be shown **how** to develop each success tool and why it's so essential to practice it.
- Find out how others have used the success tools to master their success mechanisms. Discover what happens when you neglect to use the Success Tools appropriately.

Become Successful in Achieving your Dreams How?

Your decisions are what direct you to success or failure. Remember, you have to take that first plunge and then one step at a time – no matter how small. Your destiny is directed by the decisions you make from this moment on. Set your sights on success. *Do you want this to happen? Then what decisions will you make today?*

- Learn how to use **15 proven Success Tools** that will change your life as it has many others.
- With an easy to use **diagnostic tool** in this manual, identify which success tool you need the most to get yourself quickly on the road to successful achievement and self-fulfilment.
- You, like so many other super-achievers, have the capability and decision-making power to become a successful person. Learn how to start **practicing** your success making skills and enjoy your dreams becoming a reality.

'Each person has success mechanisms to achieve their dreams.

Put it into high gear.

You are responsible for shaping your own destiny.'



CHAMP: Choosing to Actualise My Potential

Champ is a reminder that success in life is shaped, like clay, by **your own choices and decisions**, not someone else's. **Champ** will be guiding you to make successful choices.

How this Manual Will Impact on Your Life

Daily Progress to Maximise Positive Outcomes



- Choose the ‘Success’ skill you **need** the most and **daily**, read the 1st part, ‘**Be a Winner with Success Tool ...**’, to emphasise its importance.
- Carefully read part 2 ‘**Making Success Happen**’ which will list the skills you need to acquire that particular ‘Success’ tool. Identify those you need the most and reflect on how/ where you could **practice** them.
- The ‘**Pathway to Success**’ section provides inspirational examples and ideas to give you a positive ‘kickstart’ to develop the skill.
- The ‘**Target and Conquer**’ part encourages you to be **proactive** in acquiring the skill so you can develop mastery of it in your life.
- Place this ‘Success’ Manual in an **accessible** place for daily attention and daily progress.

CHAMP

Choosing to Actualise My Potential

- Our decisions and choices in life are what shape our destiny and present life-style. **CHAMP**, the clay character, reminds us that the quality life-style you want begins with your choices.
- The success you strive for is the **product** of your efforts and decision-making.

Diagnostic Device

- Use the special diagnostic component, next page, to identify the specific tool you need that will enable you to be successful.
- Which success tool(s) are you not using effectively? Follow the instructions to tune your success skill(s) and achieve your goals.

The reflections, recommendations on how to develop each success skill and the exercises in this manual are all designed to ensure you fulfill your dream and live a better quality of life

What do I Need to ‘Make Success Happen.’?

‘Change your attitude and your life will embrace new meaning and possibilities.’



Rate 1-10 how the statements below apply to you.

Go to the suggested tool to develop the appropriate success skill.

How Do You feel?	Rating 1-10	Tool	Success Tool	Rating 1-10	Tool
I want to have a more fulfilling lifestyle. Other people do. Why can't I?		1	I'm not sure what I want. I feel unhappy, especially when I have so many happy people around me.		2
I'm not making any progress.		3	I'm too negative. I can't help thinking the worst.		4
I can never seem to make my dreams a reality.		5	I'm not adventurous with things because I'm afraid of what other people might think.		6
I'm not achieving my goal(s).		7	I don't like change, but want a better life-style.		8
People don't treat me the way I like to be.		9	Every day I feel down. I want success in life. I live in a dreary environment.		10
I'm not experienced for the jobs I'd really like.		11	I have too many problems. I feel trapped.		12
I like working by myself but don't get anywhere.		13	I don't have the time.		14
I tend to do what others want, but I'm not happy.		15	I want to be more successful but feel it's not something that will happen to me.		2
I have great goals and lots of energy to achieve them but it's not working.		1	I'm a bit conservative. I don't really like trying new things but would like to.		8

Take Practical Steps Towards Your Goal

Your Steps towards REAL progress.



Do you want happiness, wealth and fulfilment? To reach your **destination** you must commence your **journey**. Take the first step.

The best time is NOW.

Take the First Step: Become familiar with the success making skills in this manual. **Next**, identify the changes you'd like to see happen in your life? Identify those success skills you need to strengthen in order to make those changes in your life happen.

What changes would I like to see happening in my life?	Skill needed:	Skill Number:
e.g. More outgoing. Not so shy	e.g. Confidence	6

Now, go to the appropriate '**Success Skill**' in this manual. Brainstorm some of the initiatives you need to make those changes happen. Get others to give you ideas

Skill Needed:	How am I going to develop this skill?
e.g. confidence	e.g. Learn to start conversations; be optimistic about overcoming a challenge like 'I will be able to successfully write this letter.

Enjoy the Journey